

ACTIVE

WINTER
2005

islander



VILLAGE OF KEY BISCAINE COMMUNITY CENTER

Reach Higher

GYMNASTICS ANYONE?

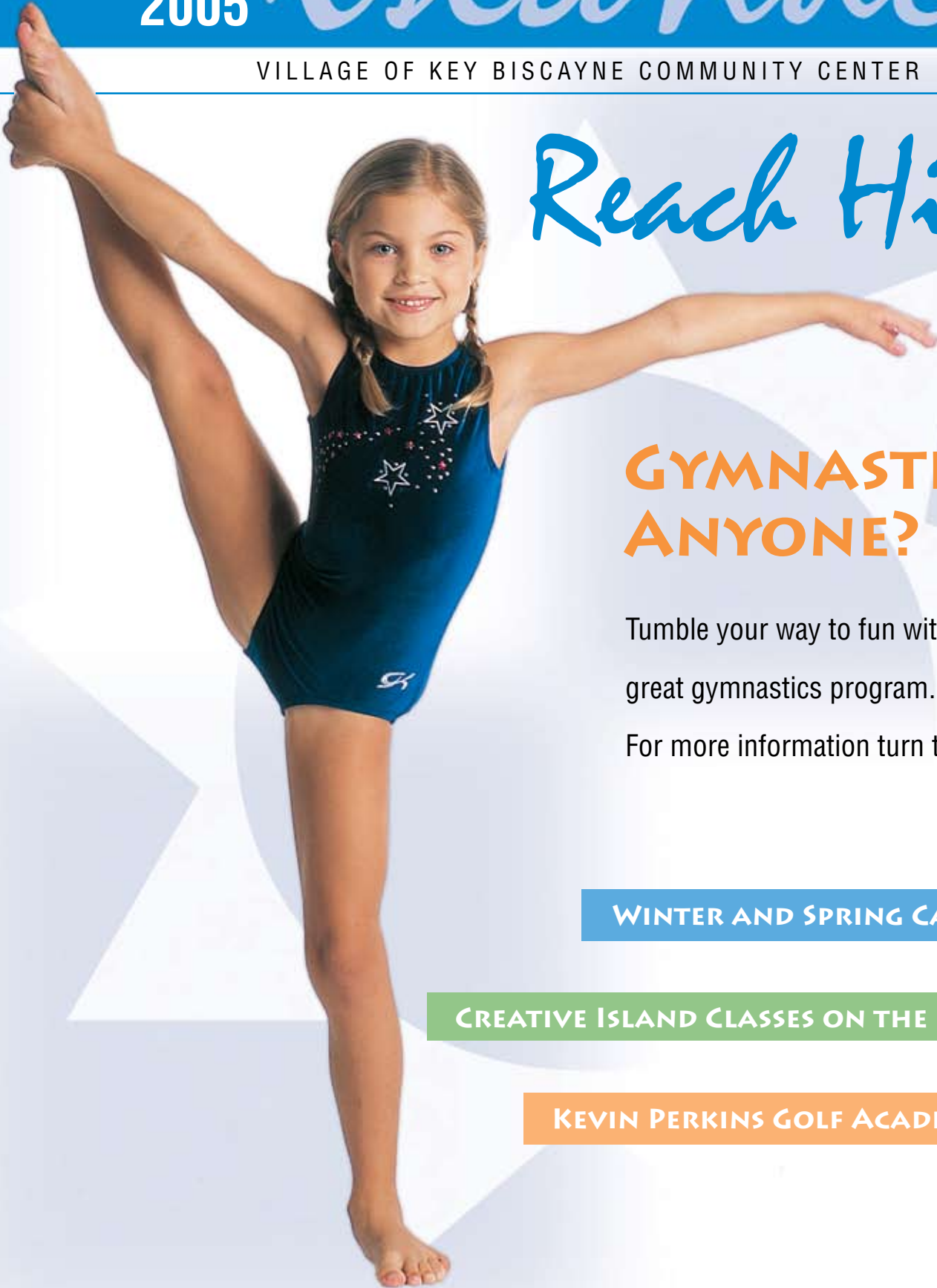
Tumble your way to fun with our
great gymnastics program.

For more information turn to **page 12.**

WINTER AND SPRING CAMPS, PAGE 9

CREATIVE ISLAND CLASSES ON THE KEY, PAGE 13

KEVIN PERKINS GOLF ACADEMY, PAGE 31



Dear Islanders:

"THROUGH OUR NOVEL PARTNERSHIP WITH THE MIAMI CHILDREN'S MUSEUM, WE ARE NOW OFFERING A PRE-K PROGRAM FOR CHILDREN AGES 30-42 MONTHS."

JACQUELINE R. MENENDEZ, VILLAGE MANAGER



What an exciting year it has been!

From forging exciting partnerships that provide more programming options to members to witnessing great results from our successful renewal campaign, there is so much news to share.

As you know, we have been in the midst of a renewal campaign and I cannot say "thank you" enough to those who renewed their membership early and perhaps referred a friend to join our facility. Our new center has meant so much to so many of our residents and it is so rewarding to see Active Islanders of all ages—from toddlers and teens to retirees and snowbirds—take advantage of all we have to offer. We are thrilled that the Community Center has become such an important part of their lives. So again, thanks for all of your support and membership in this wonderful facility. With your help and feedback, we will keep improving this already outstanding Community Center—so keep spreading the good word!

Through a partnership with the Miami Children's Museum, we are now offering a program called *Creative Island Classes on the Key*. Specially designed for the residents of Key Biscayne, both adults and children now can play, learn, imagine and create in a select list of programs focusing on creativity. There are various options to choose from, including classes for parent and child, early childhood programs as well as classes for older children. And what is so unique is that all classes are taught right here at the Community Center and use the talent and expertise of Miami Children's Museum professionals. Scan the pages of this issue to learn more.

Many of you had expressed interest in seeing an early childhood program come to the Center. Well that time has come. Through our novel partnership with the Miami Children's Museum, we now are offering a Pre-K program for children ages 30-42 months. Known as *Museum Institute on the Key*, children can play, learn, imagine and create in this one-of-a-kind program involving daily hands-on arts, science, music, movement and drama skills. More importantly, this early childhood program supports children's emerging skills in language and math, and also helps in their artistic, social and emotional development. What's more, this program will provide learning for the "whole" child and will challenge each child in all areas of education, which helps build a solid foundation for future success. Kids will even get to take part in special field trips to the Miami Children's Museum, as well as museum quality education, making this program truly one of a kind. Classes run from January 2-May 26, 2006. For more information, contact the front desk at 305-365-8900.

As I am sure most of you have seen, Zoom, the popular Coconut Grove eatery that offers fresh juices, smoothies, wraps and salads, has finally opened in our lobby area—and what a success it has been! Long lines of patrons are eagerly buying healthy, high-energy snacks there and finding it a convenient way to quench their thirst and satisfy their hunger—without having to set foot out of the Center. Please stop by soon and check it out. I think you'll agree it's a great addition to our facility.

Jacqueline R. Menendez
Village Manager

Meet the staff...

Community Center Facts

30

The total number of smoothie flavors available at Zoom.

9

The total number of lifeguards that monitor the pool.

15

The number of room monitors at the Center.

362

The number of days the Community Center is open a year.
(Closed only on Thanksgiving, Christmas Day and Fourth of July).

2

The number of feet the basketball rims in the gym can be raised or lowered.
(They can be used from eight feet to ten feet high.)

Roxy Lohuis-Tejeda is certainly a busy woman. As the adult programs supervisor at the Key Biscayne Community Center, she is charged with programming all of the adult and senior education classes, workshops, seminars, and luncheons; planning trips to various destinations throughout South Florida, including cultural gems such as the Flagler Museum and Coral Castle; as well as selecting what movies to show at the Center.

"You can say that my job is a combination of social services with event planning," says Lohuis-Tejeda, who has been with the Village of Key Biscayne since moving to Miami from New York in 2001.

And that's not all she does. Lohuis-Tejeda also researches what new programs to add to the already long list of options for adults at the Center, and as a result, is constantly looking for new ideas for classes or programs. "Since the Center is so new, at times it's hard to know what programs will take off and what won't—so it's a bit of trial and error at times," she says.

Needless to say, Lohuis-Tejeda must be doing something right. Most classes are well attended and the list of program offerings is truly impressive. Adult classes and programs include arts and crafts such as Chinese brush painting or creative jewelry design; computer classes such as Quicken and MS Excel for beginners; as well performing arts classes like Argentine tango, bellydancing and ballroom dancing. (For a complete list of Adult Programs, turn to page 23 of this issue.)

Lohuis-Tejeda also coordinates the transportation program for seniors—a local taxi service of sorts—that picks up and drops off seniors at various locations around town. What's more, she also processes passport applications for the State Department.

One thing is certain, her current job is much more up beat than her previous position as community liaison of the Lupus Foundation in New York City. "This is a happy place," she says. "We are here to make people's lives better and more enjoyable, and that's what makes this job so great."



"We are here to make people's lives better and more enjoyable, and that's what makes this job so great."



Village Officials

Mayor Robert Oldakowski

Vice Mayor Robert L. Vernon

Councilmember Enrique Garcia

Councilmember Stephen Liedman

Councilmember Jorge E. Mendia

Councilmember Thomas Thornton

Councilmember Patricia Weinman

Village Manager

Jacqueline R. Menendez

Director of Parks and Recreation

Todd Hofferberth

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Now Open: Zoom

That's right! Zoom, the popular Coconut Grove eatery, has opened in the Community Center lobby—and not a moment too soon. Health conscious patrons are already lining up to sample the delectable sandwiches, smoothies and salads. Also on the menu are fresh fruit and vegetable juices prepared for you on the spot. Why not try the Chuck Berry, the top selling strawberry/banana smoothie or the Veggin' Out salad, which is served with carrots, tomatoes and artichoke hearts on a bed of greens. Is your mouth watering yet? Zoom's hours of operation are Monday through Thursday from 7 a.m. to 9 p.m.; Friday from 7 a.m. to 8 p.m. and Saturday and Sunday from 8 a.m. to 8 p.m.

**REFER
A FRIEND AND
WIN**

Yes, it's true. You can still renew! In fact, renew 30 days before your membership expires and receive an added bonus. Or refer a friend and be eligible for a prize. Call 305-365-8900 for details.

Become a Member

Interested in becoming a member of the Community Center?
Just follow these easy steps:



Complete the Community Center membership application on the next page

Additional forms are available at the front desk or by calling 305-365-8900.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



Pay the membership fee

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident who is 18 or younger.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any individual who is 25 or under can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$62.50.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. We will provide a 100 percent refund to anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program will entitle the participant to a prorated refund.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$8	\$12	\$50	\$275
Youth (18 & under)	\$5	\$8	\$20	\$125
Senior (65+)	\$6	\$9	\$30	\$200
Student (25 & under)	\$6	\$9	\$30	\$200
Couple	N/A	N/A	\$70	\$350
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$100	\$475

Application Form

Village of Key Biscayne Community Center Membership Application

1. RESPONSIBLE PARTY (Must be 18 years of age or older)

Full Name _____ E-mail _____
Address _____
Telephone Numbers: Home _____ Work _____
Cellular _____ Pager _____
Physician's Name _____ Phone Number _____

2. RESPONSIBLE PARTY (Must be 18 years of age or older)

Full Name _____ E-mail _____
Address _____
Telephone Numbers: Home _____ Work _____
Cellular _____ Pager _____
Physician's Name _____ Phone Number _____

3. CHILDREN'S INFORMATION

Full Name _____ DOB _____ Gender _____
Medical History _____
Full Name _____ DOB _____ Gender _____
Medical History _____
Full Name _____ DOB _____ Gender _____
Medical History _____

4. INDIVIDUALS AUTHORIZED TO PICK UP CHILD

Name _____ Relationship _____
Name _____ Relationship _____
Name _____ Relationship _____
Emergency Contact _____ Relationship _____ Phone Number _____

5. WAIVER

For myself as a participant, or as the parent or guardian of a minor child participating in activities or using any facilities of the Parks and Recreation Department, I hereby waive any claim against the Village of Key Biscayne and its agents, servants and employees hereafter arising from injuries sustained while participating in or using said facilities to myself or said child. I do covenant to indemnify, hold harmless and defend the said Village, its agents, servants and employees from any claim, damages or demand hereafter arising out of any injury to said child or to myself regardless of whether such injury to said child or to myself is caused in whole or in part by the negligence of said Village or by the negligence of the agents, servants and employees of the Village. I give permission for any photograph, videotape, or any other form of audio visual record of myself or my child's participation with the Village of Key Biscayne Department of Recreation (Key Biscayne Community Center) to be used by the Village of Key Biscayne for any purpose including the use of photographs, videotape or any other form of audio visual record in promotional brochures, publications, media, or film. I hereby release the Village of Key Biscayne from all liability for any accident or injury that might be sustained through my child's participation in this activity.

SIGNATURE _____ DATE _____

6. MEMBERSHIP PRICES AND CANCELLATION POLICY

Please select your membership category and review the cancellation policy on page 5.

7. PAYMENT INFORMATION

☐ Cash ☐ Check N° _____ ☐ Auto Renewal (credit card payments only) ☐ Credit Card ☐ Visa ☐ MasterCard ☐ American Express
Account Number _____ Expiration Date _____
Cardholder Name _____
Billing Address _____

Hours of Operation

General Hours of Operation

Monday - Thursday	6:00 a.m. to 10:00 p.m.
Friday	6:00 a.m. to 9:00 p.m.
Saturday and Sunday	8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Thursday	6:15 a.m. to 7:45 p.m.
Adults Only	6:15 a.m. to 11:00 a.m.
Family Swim	11:00 a.m. to 7:45 p.m.
Friday	6:15 a.m. to 6:45 p.m.
Adults Only	6:15 a.m. to 11:00 a.m.
Family Swim	11:00 a.m. to 6:45 p.m.
Saturday and Sunday	8:15 a.m. to 6:00 p.m.
Adults Only	8:15 a.m. to 10:00 a.m.
Family Swim	10:00 a.m. to 6:00 p.m.

Teen Room/Game Room

Monday - Thursday	3:00 p.m. to 10:00 p.m.
Friday	3:00 p.m. to 9:00 p.m.
Saturday and Sunday	10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday	9:00 a.m. to 1 p.m. <i>(for children under the age of six)</i> 3:00 p.m. to 8:00 p.m.
Saturday and Sunday	9:00 a.m. to 8:00 p.m.

Computer Lab

Monday - Friday	9:00 a.m. to 3:00 p.m. <i>(adults only)</i> 3:00 p.m. to 8:00 p.m. <i>(all ages)</i>
Saturday	10:00 a.m. to 6:00 p.m. <i>(all ages)</i>
Sunday	12:00 p.m. to 6:00 p.m. <i>(all ages)</i>

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the evenings after 4:00 p.m.

Adult Basketball

Saturday	10:00 a.m. to 12:00 noon <i>(ages 35 and up)</i>
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Indoor Soccer

Tuesday	8:00 p.m. to 9:00 p.m. <i>(ages 30 and up)</i> 9:00 p.m. to 10:00 p.m. <i>(ages 15 to 30)</i>
Sunday	10:00 a.m. to 12:00 noon <i>(all ages)</i>

Volleyball

Thursday	8:00 p.m. to 10:00 p.m. <i>(all ages)</i>
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**I LIKE THE FACT THAT THE CENTER FOCUSES SO MUCH ON CHILDREN,
I THINK THAT'S REALLY GREAT."**

TIANA KAI MADERA, 25, KEY BISCAIYNE RESIDENT

Rules and Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in the hallways or stairwells or by the swimming pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied at all times by a Key Biscayne resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

Toddler Room Drop-In Care Policies

1. Drop-in care is for children one to four years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$50
 - Member pass per hour: \$5
 - Non-member one-hour pass: \$8
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon 4:00-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

Memberships are non-transferable and non-refundable. It is the goal of the Key Biscayne Community Center to ensure the enjoyment of all programs. If you are not satisfied with a program or are unable to participate for medical reasons, please contact the front desk immediately. Any one who makes a request before the start of the second class or scheduled program will receive a 100 percent refund. Requests received after the start of the second meeting will entitle the participant to a prorated refund. No refunds will be given after the conclusion of the program.

KBCC Winter and Spring Camps

More adventures for children at KBCC Winter 2005 and Spring 2006 Camps.

Summer camp may be months away, but you don't have to wait until June to enjoy your favorite camp activities with a winter/spring twist! The full-day program includes computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Enrollment is limited, so register early! And remember to pack a lunch.

Key Rat's Camp

Ages: Kindergarten-eighth grade

Our full-day program includes:

- Computer lab
- Movies
- Arts and crafts
- Games
- Sports
- Swimming
- Field trips

Some items to remember include:

- Please pack a lunch
- Field trips are included in the price
- There will be a late fee for pick up after 3:00 p.m.

Winter Session 1

December 19-23

8:00 a.m.-3:00 p.m.

Fee: Members are \$130/
Non-members are \$175

Winter Session 2

December 26-30

8:00 a.m.-3:00 p.m.

Fee: Members are \$130/
Non-members are \$175

Spring Session

April 10- April 14

8:00 a.m.-3:00 p.m.

Fee: Members are \$130/
Non-members are \$175

Note: Field trips and T-shirt are included in price. There will be a late fee for pick up after 3:00 p.m.



Swimming Schedule

Take the plunge and swim your way to fitness this season.

Whether a beginner or an advanced swimmer, the Community Center offers lessons for swimmers of all levels through its partnership with Swim Gym. Take a look at the schedules on the opposite page for more information.

Beginner Mom & Me*

This program is for children ages three to 15 months or up to 30 months if first-time pool experience.

Advanced Mom & Me*

This program is for children ages 16 to 30 months, or if younger, with previous swimming class experience.

Private Lessons

Private lessons are recommended for non-swimmers and very young swimmers for the initial stage. Children under age three are requested to go in the water with a parent when they do not have previous experience. All Mom & Me classes are conducted with a parent in the water.

Pre-Team

Swimmers at this level, ages seven to 10, learn to swim four strokes and the seven turns in competitive swimming and includes a 15-minute stretching and land exercise period. Pre Team can complete 10 x 50 in 1:45 minutes. These young aspiring athletes train three times per week in our program's fun environment.

Young Team

This program caters to the nine year olds and above who want to race. They swim four to five times per week and participate in meets every month at the Village and around the Florida Gold Coast. This program also is for the middle school and high school students, ages 13 to 16, who may not want to compete, but are aware of the benefits of swimming. This program can include a 30-45 minute stretching and land exercise session. To enter this group, a swimmer needs to be able to swim 10 x 50 in 1:10 minutes.

Masters

This level includes beginner and intermediate to advanced adult swimmers. Whether you want some coaching or just a reason to get away from it all, nothing beats swimming. You also can develop flexibility, muscle tone and cardiovascular fitness in the process.

Stroke School

This program is for children who want to learn about the sport, the four strokes, the dives, the turns and racing. They also learn to read the pace clock used in competitions. This program is offered two times a week. Children ages seven to 12 can participate and will learn about conditioning fitness and fun.

Our group classes are opened on demand and closed if less than four people register.

Equipment necessary

For Classes:

Bathing suit, bathing cap and goggles

For team:

Bathing suit, team cap, goggles, fins and paddles

Payment Information

We accept Visa, MasterCard, American Express, cash and checks. Please make checks payable to The Key Biscayne Community Center.

Make-Up Policy

Group classes must be cancelled in advance in order to schedule a make-up class, otherwise the class is lost. Private lessons must be cancelled 24 hours in advance, otherwise an additional \$5 rescheduling fee will be added.

Prices

Winter Season (ten weeks)

1 x per week \$130 (members)/\$160 (non-members)

2 x per week \$250 (members)/\$310 (non-members)

Swim Team (eight weeks)

3 x per week \$150 (members)/\$188 (non-members)

Masters (monthly)

2 x per week \$35 (members)/\$45 (non-members)

Spring Season (10 weeks)

1 x per week \$130 (members)/\$160 (non-members)

2 x per week \$250 (members)/\$310 (non-members)

Swim Team (10 weeks)

3 x per week \$150 (members)/\$188 (non-members)

Masters (monthly)

2 x per week \$35 (members)/\$45 (non-members)

***For the winter and spring sessions, these classes will be treated as private sessions or small group classes.**

For more information on the swimming schedule, call Swim Gym at 305-273-1129 or log on to www.swimgym.net.



Winter Season: January 8 - March 18, 2006
Registration: January 2 - 7, 2006

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 a.m.-1:00 p.m.	Private lessons*	Private lessons*	Private lessons*	Private lessons*	Private lessons*	Private lessons*
3:00-6:00 p.m.	Private lessons*	Private lessons*	Private lessons*	Private lessons*		
4:00-4:40 p.m.	3-4's / 5-6's	5-6's / 6 & older	3-4's / 5-6's	5-6's / 6 & older		
4:40-5:20 p.m.	5-6's / 6 & older	3-4's / Stroke School	5-6's / 6 & older	3-4's / Stroke School		
5:20-6:00 p.m.	Stroke School	5-6's / 6 & older	Stroke School	5-6's / 6 & older		
SWIM TEAM						
6:15-7:30 a.m.	Masters		Masters		Masters	
4:30-5:30 p.m.	Pre-Team	Pre-Team	Pre-Team	Pre-Team	Pre-Team Young Team Races, Relays Water Polo	
5:30-6:30 p.m.	Young Team	Young Team	Young Team	Young Team		

Spring Season: March 19 - June 3, 2006
Registration: March 1 - 18, 2006

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 a.m.- 1:00 p.m.	Private lessons*	Private lessons*	Private lessons*	Private lessons*	Private lessons*	Private lessons*
3:00-6:00 p.m.	Private lessons*	Private lessons*	Private lessons*	Private lessons*		
4:00-4:40 p.m.	3-4's / 5-6's	5-6's / 6 & older	3-4's / 5-6's	5-6's / 6 & older		
4:40-5:20 p.m.	5-6's / 6 & older	3-4's / Stroke School	5-6's / 6 & older	3-4's / Stroke School		
5:20-6:00 p.m.	Stroke School	5-6's / 6 & older	Stroke School	5-6's / 6 & older		
SWIM TEAM						
6:15-7:30 a.m.	Masters		Masters		Masters	
4:30-5:30 p.m.	Pre-Team	Pre-Team	Pre-Team	Pre-Team	Pre-Team Young Team Races, Relays Water Polo	
5:30-6:30 p.m.	Young Team	Young Team	Young Team	Young Team		
6:30-7:30 p.m.		Masters		Masters		

* Private swimming lessons schedule subject to availability. There are no swim lessons on Sundays. All classes provided by Swim Gym.

American Gymsters

Tumble your way to fun with this fantastic gymnastics program.

Gymnastics is a great way to develop coordination, strength, flexibility, spatial awareness and confidence. Gymnastics also provides a total fitness program. During class, students will use every muscle group while learning new skills and having lots of fun. In addition, students who participate in other sports will find that gymnastics enhances their sport by helping them develop added flexibility and strength.

Recreation Gymnastics Classes

Ages: 7 years and up

For Girls

Beginners—This beginners class provides basic gymnastics training for girls with little or no experience in the sport. Students will learn skills in the four Olympic gymnastics events: vault, bars, beam and floor. Students also will develop basic motor skills and flexibility in the process.

Intermediate—This intermediate class provides gymnastics training for girls with some experience and good basic skills in all four events. Students will progress at their own pace to develop more advanced gymnastic skills. The class is designed for intermediate level students who want to take gymnastics for fun, fitness and personal development.

Advanced—Students will progress at their own pace to develop more advanced gymnastic skills in this advanced class. They also will learn gymnastics routines. This class is designed for experienced students who want to take gymnastics for fun, fitness and personal development.

Pre-Team—Pre-team is for students interested in team gymnastics in the future. This class will be geared toward skills required to compete in gymnastics. Students must attend at least two classes per week.

For Boys

Beginners—This beginners class is designed for boys with little or no experience in gymnastics. Students will work on gymnastics skills for fun and fitness. Emphasis will be placed on strength and flexibility development along with basic skills.

Intermediate—This intermediate class is designed for boys with some experience in the sport. Students will progress with gymnastic skills at their own pace to develop more advanced gymnastics skills.

Advanced—Students in this advanced class will progress at their own pace to develop more advanced gymnastics skills. They also will start learning gymnastics routines. The class is designed for experienced students who want to take gymnastics for fun, fitness and personal development.



Prices

Members and non-members pay \$40 a year for insurance. Gymnastics classes are taught in eight-week sessions. Prices vary depending on class length.

55-minute classes

1x per week \$105 (members)/\$140 (non-members)

2x per week \$160 (members)/\$260 (non-members)

3x per week \$220 (members)/\$320 (non-members)

90-minute classes

1x per week \$160 (members)/\$180 (non-members)

2x per week \$240 (members)/\$280 (non-members)

3x per week \$330 (members)/\$360 (non-members)

Schedule

Tuesdays

Beg.: 5:00-5:55 p.m.

Inter.: 5:00-5:55 p.m.

Adv.: 6:00-7:30 p.m.

Pre-Team: 6:00-7:30 p.m.

Saturdays

Beg.: 9:00-9:55 a.m.

Inter.: 9:00-9:55 a.m.

Adv.: 10:00-11:30 a.m.

Pre-Team: 10:00-11:30 a.m.

Session Dates

Session 3:

November 28-

December 17, 2005

and

January 2-

February 4, 2006

(Christmas and New Year Break)

Session 4:

February 6-April 1

Session 5:

April 3- April 8 and

April 17-June 3

(Spring Break)

Creative Island Classes on the Key

Spark your creativity with these hands-on classes.

Miami Children's Museum is excited to offer *Creative Island Classes on the Key*. Specially designed for residents of Key Biscayne, both adults and children have a chance to play, learn, imagine and create in a select list of programs! Options include parent and child offerings, early childhood programs as well as classes for older children too. All classes will be conducted at the Key Biscayne Community Center, while utilizing the talent and expertise of Miami Children's Museum professionals.

Museum Institute on the Key

(Pre-K Program for Children)

Ages: 30-42 months

Children will play, learn, imagine and create with us in our one-of-a-kind program involving daily hands-on lessons in the arts, science, music, movement and drama skills. This early childhood program supports your child's emerging skills in language and math, and also helps in their artistic, social and emotional development. The program will provide learning for the "whole" child and will challenge each child in all areas of learning, helping build a solid foundation for future learning and success. Special field trips to the Miami Children's Museum and museum quality education make this program unique! Space is limited. Please make sure children have a lunch packed.

(Note: Children must be potty trained and be 2+ years old at time of registration.)

January 2-May 26, 2006

Days: Monday-Friday

Time: 9:00 a.m.-1:00 p.m.

Enrollment Fee: \$600 per month

(monthly fee based on five-month payment program)

Materials Fee: \$150

Mommy & Me*

Ages: 12-30 months

Enjoy special time with your tot, as you play, learn, imagine and create together! Get to know your little one as you discover art, songs, books, dancing and so much more through developmentally appropriate activities. Take part in encouraging your child's creativity, self confidence and exploration as you try something together each week. This also is a great opportunity for parents to gain information on parenting, health, safety and the importance of play. *(Please bring a change of clothes for your little one. Aprons are provided but projects can get messy.)*

Days: Monday

Time: 9:00-10:00 a.m. (ages 12-20 months)

Time: 10:15-11:15 a.m. (ages 20-30 months)

Enrollment Fee: \$180

Yoga for Youngsters*

Ages: 3 and up

Roar like a lion. Balance like a flamingo. Your child will explore yoga poses, breathing techniques, stories and songs in a playful and relaxing atmosphere. Yoga increases self-esteem, concentration, coordination and stimulates your child's imagination and creativity. *(Please dress your child in loose, comfortable clothing.)*

Days: Friday

Time: 4:00-5:00 p.m.

Enrollment Fee: \$150

Kids Island Adventures*

Ages: 6 and up

Not sure what to do with your weekend? Kids can have fun with their friends using their creativity and uncovering their talents! Activities will include art projects, sports, video game tournaments, socializing and going on adventurous field trips. Every Saturday will offer something new—from visiting art galleries to theaters and more! Kids will get a behind-the-scenes treat the last Saturday of every month when we'll visit the Miami Children's Museum to work with the Museum's Artist-in-Residence or attend special performances in the Museum's auditorium. *(Please make sure kids come with a sack lunch.)*

Days: Saturday

Time: 10:00 a.m.-2:00 p.m.

Enrollment Fee: \$50 per day

***Session dates are as follows:**

Session I: January 2-March 6

Session II: March 13-May 22 (Break: April 10-14)

Note: Minimum of four children required to run Creative Island Classes. Class size is limited to 12 students.



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All About Art

Ages: 3-6 years

Art's alive when you're three to six years old! Watch your child create with paint, clay, charcoal, fabric and mixed media. The sky's the limit in a class focused on imagination and exploration. Students will also learn about the masters as well as art techniques. Make sure to dress for a mess!

Days: Tuesday

Time: 2:30-3:30 p.m.

(ages 3-4)

Time: 4:00-5:00 p.m.

(ages 5-6)

Enrollment Fee: \$180

Youth and Teens

Who says winter has to be boring?

The Community Center offers an extensive list of programs just for kids. From cartoon drawing to working with clay, there are a variety of classes for children of all ages.



Young Rembrandts Drawing (Cartoon Drawing)

Ages: 6-12 years

Learning to draw can be loads of fun. These classes are fun encouraging, informative, nurturing and always positive. What's more, this class can give young artists an avenue to express their creativity for a lifetime, regardless of artistic ability.

Session 1: January 12-March 2

Session 2: March 13-May 11

Days: Thursday

Time: 5:00-6:15 p.m.

Location: Island Room

Fee: Members are \$95/Non-members are \$126

Instructor: Young Rembrandts

Color and Form

Ages: 4-12 years

This fun workshop, brought to you by Aguamarina Fine Arts School, allows children to complete lots of creative projects they simply can't do at home. Children will experience painting with their hands and feet through fun color-texture exercises, collages, action painting and more—while developing fine motor skills in the process. All materials are included in the class fee.

Session 1: January 11-March 1

Session 2: March 15-May 10

Days: Wednesday

Time: 4:00-5:00 p.m.

Location: Arts and Crafts Room

Instructor: Aguamarina Fine Arts School

Fee: Members are \$170/Non-members are \$220

WE LOVE COMING HERE AND PLAYING BASKETBALL. BEFORE WE DIDN'T HAVE ANYTHING TO DO BUT STAY AT HOME AND DO NOTHING."

DANIEL CANO, 12, AND TOMAS ROLDAN, 13, KEY BISCAWAYNE RESIDENTS

Let's Get Messy

Age: 2-4 years

This fun workshop, brought to you by Aguamarina Fine Arts School, lets children perform exciting color/texture exercises, collages and action painting to develop fine motor skills, color differentiation and knowledge. All materials are included in the class fee.

Session 1: January 11-March 1

Session 2: March 15-May 10

Days: Wednesday

Time: 4:00-5:00 p.m.

Location: Arts and Crafts Room

Fee: Members are \$120/

Non-members are \$160

Instructor: Aguamarina Fine Arts School

Working with Clay

Ages: 7-16 years

Roll up your sleeves and come join in this fun class devoted to clay. Make small sculptures and pieces of art that we will later paint and/or glaze.

Session 1: January 9-March 1

Session 2: March 13-May 10

Days: Monday and Wednesday

Time: 5:00-6:30 p.m.

Location: Art Studio

Class Fee: Members are \$115/

Non-members are \$145

Materials Fee: \$20

Instructor: Laura Marmol

Chess

Ages: 5-15 years

Chess instruction, training, tutoring and promotion—in this class children will learn the strategy and tactics of the game. Children will be grouped according to skill level.

Session 1: January 11-March 1

Session 2: March 15-May 10

Days: Wednesday

Time: 3:30-4:30 p.m.

Location: Island Room

Instructor: Blas Lugo

Fee: Members are \$90/

Non-members are \$117

Cheerleading Team

Age: Elementary-middle school age

Spirit of Florida is proud to present its first season in cheerleading and dance competition at the Key Biscayne Community Center. Join this fast paced, high-flying and fun cheerleading team. Learn the basics of stunting, tumbling, cheers and dance from a professional.

Session 1: January 12-March 2

Session 2: March 14-May 11

Days: Tuesday and Thursday

Time: 4:00 -5:30 p.m.

Location: Island Room

Fee: Members are \$200/

Non-members are \$250

Instructor: Spirit of Florida

Broadway Dance

Come and feel the rhythm! Learn dance techniques and moves/dances from some of Broadway's most famous musicals, such as *Crazy for You*, *Cats* and *Beauty and the Beast*.

January 17-May 11

Ages: 3-4 years

Two class times available for this age group

Days: Tuesday and Thursday

from 2:45-3:30 p.m. or 3:30-4:15 p.m.

January 17-May 12

Ages: 5-6 years

Two class times/days available for this age group

Days: Tuesday and Thursday

from 4:30-5:30 p.m. or Monday and

Friday from 2:30-3:30 p.m.

January 17-May 12

Ages: 7-8 years

Three class times/days available for this age group

Days: Monday and Friday from 3:30-4:30 p.m.

or Wednesday from 2:30-3:30 p.m. and

Saturday from 12:00-1:00 p.m. or

Monday from 5:30-6:30 p.m. and

Wednesday from 3:30-4:30 p.m.

January 17-May 12

Ages: 9-12 years

Days: Monday and Friday

Time: 4:30-5:30 p.m.

Location: Dance Studio

Instructor: Angelica Torres

Fee: Members are \$370/

Non-members are \$450

Broadway Dance Advanced

January 18-May 13

Days: Wednesday from 4:00-5:30 p.m. or Saturday from 1:00-2:30 p.m.

Note: Participant must be approved by instructor before registration.

Location: Dance Studio

Fee: Members are \$370/

Non-members are \$450

Instructor: Angelica Torres

Adult Broadway Dance

Ages: 18 and up

This program consists of inter-playing the technical aspects of ballet, jazz and improvisation while learning various styles and choreographies of Broadway's most famous musicals.

Session 1: January 11-March 1

Session 2: March 15-May 10

Days: Wednesday

Time: 11:00 a.m.-12:00 noon

Location: Dance Studio

Fee: Members are \$96/

Non-members are \$115

Instructor: Angelica Torres

Mommy & Me (Dance and Motion)

Ages: 12-24 months

Perform dance routines and exercises along side your little one. This class is an excellent opportunity to begin teaching your child exercises of coordination and elasticity.

Session 1: January 12-March 3

September 2: March 17-May 12

Days: Friday

Time: 9:00-10:00 a.m.

Location: Island Room

Fee: Members are \$80/

Non-members are \$100

Instructor: Angelica Torres

Youth and Teens (Continued)

Krafty Kids

Ages: 4-8 years

Come enjoy crafts galore! In this fun and creative class, children ages four to eight will create masterpieces with paper, fabric and other media.

Session 1: January 12-March 2

Session 2: March 14-May 11

Days: Tuesday and Thursday

Time: 5:00-6:30 p.m.

Location: Art Studio

Fee: Members are \$120/

Non-members are \$160

Materials Fee: \$10

Key Rat's Spring Camp

Ages: Kindergarten-eighth grade

Summer camp may be months away, but you don't have to wait until June to enjoy your favorite camp activities with a winter/spring twist! The full-day program includes computer lab, movies, arts and crafts, games, sports, swimming, field trips and much more. Enrollment is limited so register early! And remember to pack a lunch.

Monday, April 10-

Friday, April 14

Time: 8:00 a.m.-

3:00 p.m.

Fee: Members are

\$130/

Non-members are \$175

Note: Field trips and T-shirt included in price. There will be a late fee for pick up after 3:00 p.m.



Drama for Kids

Age: 7-13 years

Want to be a star? Join this class to exercise your imagination, learn to use your voice and take on different and challenging roles. Class will introduce students to theater in a creative way. Join us for improvisation, story telling, dramatic skits, small plays and more. Showcase performance at the end of session.

Dates: TBA

Days: Tuesday and Thursdays

Time: 4:30-5:30 p.m.

Instructor: Clara Lago

Class fee: Members are \$60/

Non-members are \$75

Mommy & Me (Music, Gym and Art)

Ages: 6-12 months

The class provides mommies and babies with daily experiences that enrich a child's fine and gross motor skills while working with their five senses through fun-filled activities.

Session 1: January 12-March 2

Session 2: March 14-May 11

Days: Tuesday and Thursday

Time: 10:30-11:30 a.m.

Location: TBA

Fee: Members are \$240/

Non-members are \$288

Instructor: Aguamarina Fine Arts School

Mommy & Me (Music, Gym and Art)

Ages: 12-18 months

This class provides mommies and babies daily experiences that enrich a child's fine motor skills while working with their five senses in a variety of fun-filled activities.

Session 1: January 12-March 2

Session 2: March 14-May 11

Days: Tuesday and Thursday

Time: 11:30 a.m.-12:30 p.m.

Location: TBA

Fee: Members are \$240/

Non-members are \$288

Instructor: Aguamarina Fine Arts School

Yoga for Families

All ages welcome

Kids can gain flexibility and learn yoga poses in this new class for youngsters.

January 12-February 2,

February 7-March 2, March 7-March 30,

April 4-May 4

Days: Tuesday and Thursday

Time: 5:30-6:30 p.m.

Location: Island Room

Fee: Members are \$96/

Non-members are \$115

Instructor: Laura Marmol

Babysitting Certification Course

Ages: 11 and up

Every parent wants a responsible babysitter. With this course, teens ages 11 and older will learn how to become an effective babysitter. This course teaches general baby care, caring for toddlers and older children as well as health and safety issues like choking and rescue breathing. Participants will be certified in babysitting at the completion of the course.

Saturday, January 14 or

Saturday, February 11

Time: 9:00 a.m.-3:00 p.m.

Fee: Members are \$50/

Non-members are \$55

Instructor: Red Cross

Rat's Day Off

Ages: Kindergarten-eighth grade

When school is out for teacher planning days or other holidays, Key Rats can enjoy fun and excitement at the Key Biscayne Community Center. Kids can enjoy the game room, movies, activities and more. Registration is limited to the first 30 children.

Monday, January 16

Friday, February 17

Monday, February 20

Friday, March 17

Time: 8:00 a.m.-3:00 p.m.

Daily Fee: Members are \$20/Non-members are \$25 (lunch is not included)

Friday Night Happenings

Middle School Dance

Ages: 11 and up

Dance the night away with our hip and fun social. Bring your friends to this awesome gathering. Join in games, contests and lots of dancing.

Friday, January 13

Time: 8:00-11:00 p.m.

Location: Island Room

Fee: Members are free/Non-members are \$5

Scavenger Hunt

Ages: 11 and up

The object of the game is to find as many of the items on our list you can within an hour. Players will work as a team. Teams consist of three to four players. The first team to find the most items on the list with the most points wins!

Friday, January 20

Time: 4:30-9:00 p.m.

Location: Island Room

Fee: Members are free/Non-members are \$5

NBA Live 2006 Tournament

Do you have what it takes to be the NBA Live Champion? Enter in this tournament, but hurry because space is limited. One team per player, three-minute quarters, championship game five-minute quarters on the big screen.

Friday, January 20

Time: 6:00-9:00 p.m.

Location: Island Room

Fee: Members are free/Non-members are \$5

Ping Pong-a-Thon

Ages: 7 and up

Come and show off your ping-pong skills in this fun-filled tournament. All skill levels are welcome.

Friday, February 3

Time: 6:00-9:00 p.m.

Location: Island Room

Fee: Members are free

Sadie Hawkins Chase

Ages: 11 and up

Girls chase the guys and marry for the right to exchange some rings and dance through night. Come dressed for fun and expect to have a fantastic time.

Friday, February 10

Time: 9:00-11:00 p.m.

Location: Gymnasium

Fee: Members are free

Lock-In

Ages: TBD

Come join the staff after hours for a fantastic *un-slumber* party. There will be lots of games, a midnight swim, dodge ball tournaments, contests, a fashion show and much more. A blast for all who come but you can't leave until the sun comes up!

Friday, February 17 and Friday, April 21

Time: 10 p.m.-7 a.m.

Location: Meet at the front entrance

Fee: Members are free/Non-members are \$5

Poker Night

Ages: 14 and up

Bring your poker face to our poker bash. No gambling in this event, so all bets are off! Just for kicks, we are awarding prizes to the winners. How does Flanigan's sound?

Friday, March 3

Time: 7:00 p.m.

Location: Island Room

Fee: Members are free/Non-members are \$5

The Amazing Race

Ages: 11 and up

You will need a sharp mind and a good pair of shoes for this race through the city. Follow the witty clues that take you racing through the Village. Time is of the essence, so hurry to win the final prize. Teams of three to four—no compromise. You must register in advance to participate.

Friday, March 10

Time: 7:00 p.m.

Location: Meet in the Island Room

Fee: Members are free/Non-members are \$5

Second Annual Battle of the Sexes

Ages: 11 and up

Get ready to get messy. Wear clothes that can get wet and meet us at the pool deck—the relays and challenges must be met. Guys against the girls, so who's the better sex? The second event is here, the challenge has been set.

Friday, March 17

Time: 6:00 p.m.

Location: Pool

Fee: Members are free/Non-members are \$5

Manhunt

Ages: 11 and up

If you like "hide and seek" you are going to love this game. Teams will race against the clock to find the opposite team buying them points to win the ultimate prize.

Friday, April 7

Time: 7:00 p.m.

Location: Meet in the Island Room

Fee: Members are free/
Non-members are \$5

Youth and Teens (Continued)

Pool Basketball Tournament

Ages: 11 and up

Get wet and shoot some hoops as you compete in a three-on-three b-ball tournament like no other. Hope you can swim, dunk and play.

Friday, May 12

Time: 6:00-9:00 p.m.

Location: Pool

Fee: Members are free/Non-members are \$5

Movies on the Green

Come and enjoy a night on the Green by watching a movie on the big screen. Bring your lounge chairs and blankets, and come and enjoy an evening under the stars while you watch some classic flicks. Movies will be played on the last Friday of the following months:

January 27, February 24, March 31 and April 28

(*Note:* Movie selection to be announced at a later date)

Time: 7:00-9:00 p.m.

Location: Village Green

Fee: Free

Teen Tours

Ages: 11 and up (unless otherwise stated)

Teens and pre-teens are welcome to join Community Center staff on some exciting field trips. Advance registration is required, and space is limited. *Note:* Transportation is included in the price, and prices vary depending on park.

Spray Paint Paintball

Come and check out South Florida's largest paintball field, located on an eight-acre field with a 700-square-foot pro shop.

Monday, January 16 and Friday, March 17

Time: 9:00 a.m.

Fee: \$40 with equipment rental/\$35 without equipment rental

Gameworks/Movies

Join us for this night filled with gaming and a movie. Gameworks features some of the best interactive games and attractions plus a wide variety of classic arcade style games. We leave from the Community Center. Price includes transportation and movie ticket.

Monday, February 20

Time: 10:00 a.m.

Fee: \$10

Islands of Adventure

Ages: 12 and up

Join our staff on this exciting field trip to Universal Studio's Islands of Adventure. Ride the Hulk, Dueling Dragons, and Spiderman with us. We depart from the Key Biscayne Community Center at 5:00 a.m. and return at 12:00 midnight.

Saturday, March 25

Time: 5:00 a.m.

Fee: \$70

Spring Break Overnight Trip to Six Flags Atlantis

Ages: 14 and up

Want to make this Spring Break memorable? Grab your friends and join the Community Center staff on a trip to ride some of the best roller coasters in the country. Buses leave enroute to Georgia on Tuesday morning at 8:00 a.m. from the Community Center. Once in Georgia we will sleep at a hotel and wake to a day of pure fun. The return trip home is on Thursday. Buses will arrive at the Community Center at approximately 12:00 noon on Thursday. (*Note:* This trip is open to members only. Each person must bring a cell phone.)

Buses depart from the Community Center:

Tuesday, April 11

Time: 6:00 a.m.

Buses arrive at the Community Center:

Thursday, April 13

Time: 12:00 noon

Fee: \$300 per child

Typhoon Lagoon

Ages: 12 and up

Come take the plunge at this great theme park. Slide down the big drops in inner-tubes and floats and snorkel with schools of fish. We leave from the Key Biscayne Community Center at 5:00 a.m. and return at 12:00 midnight.

Saturday, May 6

Time: 5:00 a.m.

Fee: \$65

KBCC Birthday Party Packages

Basic Package

Includes tables and chairs for 30 children and private use of indoor playground or game room for one hour. Post-party area clean up will be provided by Community Center staff.

Time Frame: 2 hours

Fee: \$200

Saturday and Sunday from 12:00-2:00 p.m. and 4:00-6:00 p.m.

Arts and Crafts Package

Arts and Crafts activity provided for one hour for up to 25 children. Community Center will provide a personal party assistant for duration of party. Post-party area clean up will be provided by Community Center staff.

Time Frame: 2 hours

Fee: \$325

Saturday and Sunday (depending on instructor availability)

Pool Package

Includes tables and chairs for 30 children and use of the pool. Post-party area clean up will be provided by Community Center staff.

Time Frame: 2 hours

Fee: \$200

Saturday and Sunday from 12:00-2:00 p.m. and 3:00-5:00 p.m.

Fitness Classes and Programs

Stay fit through the winter with our fitness programs and group classes.

Get in shape and increase flexibility, strengthen your body—and lose weight in the process. The Community Center has a variety of fitness classes for every fitness level. Classes are offered on both land and water and include mat pilates, water workout, senior flexercise or ballet.

Mat Pilates

Ages: 16 and older

Familiarize yourself with pilates mat work in this introductory class. Classes focus on essential exercises to strengthen core muscles and improve flexibility and body awareness. Register for Group A or Group B or both!

Group A: Wednesdays: 10:00-11:00 a.m.

Session I: January 11-February 15

Session II: February 22-March 29

Session III: April 5-May 10

Group B: Thursdays: 6:00-7:00 p.m.

Session I: January 12-February 16

Session II: February 23-March 30

Session III: April 6-May 11

Location: Island Room

Instructor: Rebecca Pfeiffer

Fee: Members are \$60 for members/

Non-members are \$80

Fitness and Wellness Exercise

Shape, flex and tone with instructor Ursula Mucci on Mondays for a variety of anti-aging exercises. This class is a combination of yoga, calisthenic and isometric exercises (which strengthens bones and muscles), and ends with health-related tips.

Session I: January 9-February 6

Session II: February 13-March 13

Session III: March 20-April 17

Location: Island Room

Days: Monday from 9:15-10:15 a.m.

Instructor: Ursula Mucci

Fee: Members are \$35/Non-members are \$45

Splash! Water Workout

Splash into the less risky world of fitness and let water's natural resistance cushion your joints while increasing strength and endurance. A safe and effective workout for the beginner and intermediate participant.

Session I:

January 10-February 16

Session II:

February 21-March 30

Session III:

April 3-May 11

Location: Pool

Days: Tuesday and Thursday

Time: 10:30-11:30 a.m.

Instructor: Marilyn Myles

Fee: Members are \$120/Non-members are \$135

Ballet for Fitness and Life

Ages: 13 and older

Renew your body and spirit and join us for this ballet class with instructor Tatiana Andropov. Even if it's been a while since you put on your ballet shoes, or for those of you who have never had training, this class will wake up your dancer from within! Take this class twice a week or just once, it's up to you.

Session I: January 5-February 12

Session II: February 23-April 2

Session III: April 6-May 14

Location: Dance/Aerobic Studio

Days: Thursday from 7:50-9:20 p.m.

or Sunday from 8:30-10:00 a.m.

Instructor: Tatiana Andropov

Fee: Members are \$144/Non-members are \$190



Fitness Classes and Programs (Continued)

Bikini Boot Camp

The toughest workout you'll ever love, this five-week fitness program is designed by a woman for women so it's guaranteed to improve how you look and feel! Jump start your fitness level, lose weight, increase metabolism (turn your body into a fat burning machine) and perform exercises that target your glutes, arms and abdominals—and build muscle in the process. The Boot Camp will include, but is not limited to, functional training, cycling with weight training exercises, interval training in the park, plyometric drills on the basketball courts and running. Sign up for either Group A or Group B. Both groups meet three times a week. For best results, attend all three meeting times for the five weeks.

Session I: January 9-February 9

Session II: February 13-March 17

Session III: March 20-April 21

Group A: Monday/Wednesday/
Friday from 11:00 a.m.-12:00 noon

Session I: January 9-February 10

Session II: February 13-March 18

Session III: March 20-April 22

Group B: Monday/Thursday from
6:15-7:15 a.m. and Saturday from
9:00-10:00 a.m.

Fee: Members are \$210/

Non-members are \$280

Minimum: Five participants

Maximum: 20 participants

Instructor: Cynthia Rosellini



Saturday Boot Camp

Challenge your mind and body and start the weekend with a workout that is focused on getting results. Pay for a package of four Saturdays that you can use at any time while the Bikini Boot Camp is in session.

Location: Dance Aerobics Studio

Day: Saturday

Time: 9:00-10:00 a.m.

Instructor: Cynthia Rosellini

Fee: Members are \$60/Non-members are \$80

Big Band Workout

This 45-minute class is designed for seniors who want to stay active, energized and healthy by training with low-impact strength exercises while listening to the best of Big Band music.

We will train the whole body with dumbbells and perform many flexibility exercises to keep the body fit.

Come and

join us!

Session I: January 9-February 1

Session II: February 6-March 1

Session III: March 6-March 29

Session IV: April 3-April 27

Location: Dance/Aerobic Studio

Days: Monday and Wednesday

Time: 12:30-1:15 p.m.

Instructor: Cynthia Rosellini

Fee: Members are \$80/Non-members are \$95

I REALLY ENJOY WORKING HERE AND MY KIDS LOVE IT TOO."

**JENNIFER RATHJENS, 41,
INSTRUCTOR AND KEY BISCAVNE RESIDENT**

Fitness Group Classes

Group Exercise General Information

- Always bring a sweat towel and water bottle to class.
- You must be at least 15 years of age to participate in a group exercise class.
- Bring your valid punch pass along with your ID to class.
- Always sign in when you attend a class.
- Classes may fill up quickly (especially bike classes) so make sure to arrive a few minutes early. Please do not enter a class in progress unless the instructor has indicated that you can do so.
- Please wear appropriate clothing and footwear for the class you are attending.
- Yoga mats will be available for use, however, it is recommended that if you are practicing yoga regularly, you may want to consider purchasing your own mat.

Group Exercise Pass Prices

- Single:** \$8 for members
\$15 for non-members (*includes guest fee*)
- 5 Pack:** \$29 for members
Sorry, not available for non-members
- 10 Pack:** \$50 for members
Sorry, not available for non-members
- 20 Pack:** \$85 for members
Sorry, not available for non-members

Packages are not valid for yoga classes.

Group Exercise Schedule

For a complete schedule of group exercise classes, see our listing on the page to your right. Also, updated exercise schedules are posted monthly and include group exercise classes, water exercise classes and most yoga programs. All classes are 55 minutes in duration except for yoga, which is 90 minutes. Yoga is held in the Island Room.

The Wellness Center

The Wellness Center is staffed Monday, Wednesday and Friday from 9:00 a.m. to 1:00 p.m. and Monday through Thursday from 4:00 p.m. to 7:00 p.m. Take the opportunity to talk to one of our fitness assistants to get tips on proper form, suggestions on getting the most out of your workout or to learn about center equipment.

Personal training also is available. Please see our staff for a list of Key Biscayne Community Center approved personal trainers and pricing information.

Group Exercise Class Descriptions

Body Sculpting—Body Sculpting is 55 minutes of muscle endurance and conditioning. Body bars, hand weights, balls and more will be used to tone all the major muscles in your body and increase muscle endurance.

Cardio Kickboxing—This workout combines aerobics, cardiovascular and body toning. This intense, total-body workout can improve strength, aerobic fitness, flexibility, coordination and balance.

Cycling—The ultimate indoor cycling experience. Ride through flats, hills and jumps as you ride to motivating, heart-pumping music. You control the resistance and cadence to make the class as challenging as you need it to be! *It is recommended that first-time participants arrive earlier to class to receive special instructions.*

Gentle Yoga—This class focuses on the basic fundamental postures of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required, just wear comfortable clothes.

Hi-Low Cardio Combo—A “high/low” choreographed exercise class, this is a high-energy workout with optional impact.

Hip-Hop Aerobics—Work up a sweat and have fun doing it! You’ll learn the hottest dance moves combined into a 55-minute routine that’s easy to learn. Before you know it, you’ll be dancing like a pro!

Latin—Work out Latin style with dance moves. An excellent class for all fitness levels and dance skill levels.

Power Yoga—This dynamic workout focuses on strength, flexibility and balance. All levels are welcomed. Remember to wear loose clothing that stretches.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing just the step. This class is moderate-to-high intensity with time left at the end for abdominal work.

Water Exercise—Water exercise is a wonderful low-impact alternative to traditional land exercise programs. It is ideal for people with arthritis and those recovering from injuries since it’s easy on the joints, as well as anyone looking for a good workout.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!



Fitness Group Classes (Continued)

WINTER/SPRING LAND GROUP EXERCISE SCHEDULE						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6:15 a.m. Spinning <i>Holly</i>		6:15 a.m. Spinning <i>Kitty</i>		
8:00 a.m. Spinning <i>Marilyn</i>		8:00 a.m. Spinning <i>Marilyn</i>		8:00 a.m. Spinning <i>Marilyn</i>		
9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Shape Up <i>Jennifer</i>	9:00 a.m. Step/Sculpting <i>Jennifer</i>	9:00 a.m. Step <i>Jennifer</i>	9:00 a.m. Step/Sculpting <i>Jennifer</i>	9:30 a.m. Power Yoga <i>Jenny-MP Room</i>	
	9:30-11:00 a.m. Gentle Yoga <i>Jenny-MP room</i>		9:30-11:00 a.m. Gentle Yoga <i>Jenny-MP room</i>			
10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:00 a.m. Cardio Combo <i>Marilyn</i>	10:00 a.m. Body Sculpting <i>Jennifer</i>	10:00 a.m. Latin <i>Jennifer</i>	10:00 a.m. Cardio Combo <i>Marilyn</i>	10:30 a.m. Spinning <i>Linda</i>
	11:00 a.m. Zumba <i>Huayla</i>		11:00 a.m. Zumba <i>Huayla</i>		11:00 a.m. Zumba <i>Huayla</i>	
		4:45 p.m. Zumba for Kids <i>Huayla</i>				
5:45 p.m. Zumba <i>Huayla</i>	5:45 p.m. Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>	5:45 p.m. Spinning <i>Arturo</i>	5:45 p.m. Zumba <i>Huayla</i>		
6:45 p.m. Spinning <i>Holly</i>	6:45 p.m. Cardio Kickboxing <i>Pedro</i>	6:45 p.m. Spinning <i>Holly</i>	6:45 p.m. Cardio Kickboxing <i>Pedro</i>			
8:00 p.m. Power Yoga <i>Jenny-MP room</i>						

Yoga for Everyone

Yoga for Families

All ages welcome

The whole family can gain flexibility and learn yoga poses in this new class.

January 12-February 2,
February 7-March 2,
March 7-March 30,
April 4-May 4

Days: Tuesday and Thursday

Time: 5:30-6:30 p.m.

Fee: Members are \$96/

Non-members are \$115

Yoga for Youngsters

Ages: 3 and up

Roar like a lion. Balance like a flamingo. Your child will explore yoga poses, breathing techniques, stories and songs in a playful and relaxing atmosphere. Yoga increases self-esteem, concentration, coordination and stimulates your child's imagination and creativity.

Session 1: January 2-March 6

Session 2: March 13-May 22

(Break: April 10-14)

Days: Friday

Time: 4:00-5:00 p.m.

Fee: \$150

Gentle Yoga

Ages: 16 and older

This class focuses on the basic fundamental postures of yoga. It combines breath and movement to build strength and flexibility. No previous experience is required.

Days: Tuesday and Thursday

Time: 9:30-11:00 a.m.

Fee: Members are \$8 per class/

Non-members are \$15 per class

Power Yoga

Ages: 16 and older

This dynamic workout focuses on strength, flexibility and balance. All levels are welcomed.

Days: Monday at 8:00 p.m. and Saturday at 9:30 a.m.

Fee: Members are \$8 per class/

Non-members are \$15 per class

All yoga classes are held in the Island Room.

Adult Programs

Come create, play, perform and learn by enrolling in one of our countless classes.

Want to learn a new skill or hobby? Or perhaps you'd like to visit a local attraction or cultural gem. At the Community Center, a number of programs for adults and seniors are available, so what are you waiting for? Register today.

Arts and Crafts

Chinese Brush Painting

More than a representation of an object, Chinese brush painting is considered symbolic expression. Learn from an instructor who has studied with internationally known artists Chow Chian Chiu and wife Chow Leung Che-Ying. Learn the basics starting with bamboo. No previous experience is required. There are two levels of classes to choose from. The materials list is available at the Community Center's front desk.

January 9-February 13

Location: Art Studio

Days: Monday

Time: 10:00 a.m.-12:00 noon

(for Level 1)

Time: 1:00-3:00 p.m.

(for Level 2)

Fee: Members are \$45/

Non-members are \$55

Painting with Tony Coro

Learn tips and techniques to produce pleasing works of art. No experience is necessary. A suggested supply list can be picked up at the Community Center's front desk. Make sure to bring your materials to the first day of class.

Session 1: January 10-February 14

Session 2: February 28-April 4

Session 3: April 18-May 23

Location: Art Studio

Days: Tuesday

Time: 10:00 a.m.-12:00 noon

Fee: Members are \$45/Non-members are \$55

Instructor: Tony Coro



Creative Jewelry Design

Learn Indian weaving, stringing and repair techniques to help you design and maintain your own custom pieces. An additional materials fee does apply.

Classes begin January 4

Location: Key Biscayne Room

Days: Wednesday

Time: 10:00 a.m.-12:00 noon

Fee: \$10 per class

Instructor: Judy Kolsen

Handbuilding Ceramics and Sculpture

Make holiday decorations, gift items, home accessories and much more. Learn clay construction techniques, decorating and glazing methods. This class includes one 25-pound bag of clay and glazes.

Session 1: January 4-February 8

Session 2: February 22-March 29

Session 3: April 12-May 17

Location: Art Studio

Days: Wednesday

Time: 10:00 a.m.-12:00 noon

Fee: Members are \$45/Non-members are \$55

Materials Fee: \$20

Clay on Wheels

Learn wheel throwing skills, slab and coil methods—while you have one heck of a good time! Space is limited. Class fee includes one 25-pound bag of clay and glazes.

Session 1: January 4-February 8

Session 2: February 22-March 29

Session 3: April 12-May 17

Location: Art Studio

Days: Wednesday

Time: 1:00-2:30 p.m.

Fee: Members are \$45/Non-members are \$55

Materials Fee: \$20

Instructor: Marguerite Gil

Adult Programs (Continued)

Clay on Wheels II

Learn wheel throwing skills, slab and coil methods—while you have one heck of a good time! Space is limited. Class fee includes one 25-pound bag of clay and glazes.

Session 1: January 5-February 9

Session 2: February 23-March 30

Session 3: April 13-May 18

Location: Art Studio

Days: Thursday

Time: 12:00-1:30 p.m.

Fee: Members are \$45/

Non-members are \$55

Materials Fee: \$20

Instructor: Marguerite Gil

The Craft Hour

Come on down every Thursday and create simply amazing projects. Instructor Marguerite Gil is certified with Miami-Dade County Schools and will share her 25 years of arts experience to make your arts introduction both warm and welcoming. Students will produce outstanding works of art that will hopefully embellish their surroundings and soul.

Classes start January 5

Location: Art Studio

Days: Thursdays

Time: 10:00-11:30 a.m.

Fee: \$10 per class, which includes materials

Oils With Rita Coll

Join local artist and master impressionist, Rita Coll, as she introduces you to the world of fine arts using water-based oils to create your own masterpieces. A suggested supply list can be picked up at the Community Center front desk. Please have materials on the first day of class.

Session 1: January 6-February 10

Session 2: February 24-March 31

Location: Art Studio

Days: Friday

Time: 9:00-11:00 a.m.

Fee: Members are \$45/

Non-members are \$55

Ikebana-Japanese Style Flower Arranging

Learn the basic curriculum, including tall vase and open bowl techniques.

January 23-March 6

Location: Adult Lounge

Days: Monday

Time: 10:00 a.m.-12:00 noon

Fee: Members are \$15 per class/

Non-members are \$18 per class

Instructor: Susan Cano

Bridge

Introduction to Bridge I and II

From learning the basics to brushing up on your knowledge of the game, this class has it all.

Session 1: January 10-February 14

Session 2: February 28-April 4

Location: Adult Lounge

Days: Tuesday

Time: 2:00-3:00 p.m.

Fee: Members are \$60/Non-members are \$70

Introduction to Bridge I and II (night class)

For those of you too busy in the morning, come learn the basics or improve your knowledge of the game during this evening class.

Session 1: January 10-February 14

Location: Key Biscayne Room

Days: Tuesday

Time: 7:00-8:00 p.m.

Fee: Members are \$60/Non-members are \$70

Supervised Bridge Play

Let's put all we've learned into practice!

Session 1: January 10-February 14

Session 2: February 28-April 4

Location: Key Biscayne Room

Days: Tuesday

Time: 12:30-1:30 p.m.

Fee: Members are \$60/Non-members are \$70

Duplicate Bridge Game

Join us for an afternoon of duplicate bridge every Wednesday.

Location: Island Room

Days: Wednesday

Time: 12:45 p.m.

Instructor: Judy Reinach

Call 305-361-9562 for details.

Computer Classes

Basic Concepts

Catch up to the 21st century with this class, specially designed for the beginning computer user. Become familiar with the computer and its basic applications such as Windows. From turning the power on to writing an actual letter, we will teach you all you need to know about your computer.

January 9-February 27 (no class January 16 and February 20)

Location: Computer Room

Days: Monday

Time: 10:00-11:30 a.m.

Fee: Members are \$45/Non-members are \$55

Beyond Basic Computer Concepts

Now that the computer is on let's put our new-found knowledge to work. Easy to follow instructions and exercises will have you making full use of all commands and options.

March 13-April 24

(no class on Monday, April 10)

Location: Computer Room

Days: Monday

Time: 10:00-11:30 a.m.

Fee: Members are \$45/Non-members are \$55

Basic E-mail and the Internet

Want to learn what all the buzz is about with the Internet? Learn how to send messages, attach documents and pictures, perform searches and navigate the Internet.

January 9-February 27

Location: Computer Room

Days: Monday

Time: 1:00-2:30 p.m.

Fee: Members are \$45/Non-members are \$55

Computer Classes in Spanish

Introducción a las Computadoras y Windows XP

Aprenda como trabajan las computadoras, como usar el "mouse" (ratón), el teclado y como organizar archivos en Windows.

Sesión 1: enero 13-febrero 17

Días: Viernes

Hora: 10:00-11:30 a.m.

Donde: Computer Room

Costo: \$45 para miembros/

\$55 para los que no son miembros

Instructor: Luis Vargas

El Internet

¡Bienvenidos a la nueva era de la comunicación! Aprenda a navegar el Internet, mandar y recibir correos electrónicos de amigos y seres queridos (incluyendo fotos), buscar efectivamente e ir de compras sin dejar su asiento. El mundo lo tendrá al alcance de sus manos.

Sesión 1: enero 13-febrero 17

Días: viernes

Hora: 12:00-1:30 p.m.

Donde: Computer Room

Costo: \$45 para miembros/

\$55 para los que no son miembros

E-mail and the Internet II

Now that you have the basic tools to navigate the Internet, it's time to have some fun! From chat rooms to blogging, shopping to logging on to eBay, this class is for you.

March 13-April 24

(no class on Monday, April 10)

Location: Computer Room

Days: Monday

Time: 1:00-2:30 p.m.

Fee: Members are \$45/Non-members are \$55

Performing Arts

Salsa Lessons for Beginners

Join professional dancer and instructor Irmah del Valle and learn the steps you need to keep up with Miami's hot night scene.

Session 1: January 9-February 27

(no class on Monday, January 16 and

Monday, February 20)

Session 2: March 13-April 17

Location: Island Room

Days: Monday

Time: 7:00-8:00 p.m.

Fee: Members are \$60/Non-members are \$72

Instructor: Irmah del Valle

Salsa Lessons-Intermediate

Practice you salsa steps with professional dancer and instructor Irmah del Valle. Build on the fundamentals and advance your skills. Emphasis in this class will be on style, footwork and leading/following techniques.

Session 1: January 9-February 27

(no class on Monday, January 16 and

Monday, February 20)

Session 2: March 13-April 17

Location: Island Room

Days: Monday

Time: 8:00-9:00 p.m.

Fee: Members are \$60/Non-members are \$72

Instructor: Irmah del Valle

Rueda for Beginners

Learn this classic form of Casino Cuban-style salsa danced among couples in a circle. Learn the basic rules, names for moves, caller's role, caller's hand signals, and basic moves. Previous salsa experience is required. No partners necessary.

Session 1: January 9-February 27

(no class on Monday, January 16 and

Monday, February 20)

Session 2: March 13-April 17

Location: Dance/Aerobic Studio

Days: Monday

Time: 9:00-10:00 p.m.

Fee: Members are \$60/Non-members are \$72

Instructor: Irmah del Valle

Bellydancing

Want to exercise and learn and an art form at the same time? Try bellydancing! This class will focus on basic stretches and isolation exercises to help you develop strong torso, abdominal and hip movements. Both folkloric and cabaret styles will be covered here.

Session 1: August 23-September 30

Session 2: October 4-November 11

Session 3: November 15-December 22

Location: Dance/Aerobic Studio

Days: Tuesday and Friday

Time: 7:00-8:00 p.m.

Fee: Members are \$60/Non-members are \$80

Instructor: Wendy Fong

Ballroom Dancing

Get ready to begin ballroom dancing in no time! Learn the basic techniques and movements of the Waltz and the Fox Trot in this six-week class. You will enjoy every minute of it.

Session 1: January 3-February 10

Location: Dance/Aerobic Studio

Days: Tuesday

Time: 8:00-9:00 p.m.

Instructor: Wendy Fong

Fee: Members are \$60/

Non-members are \$80

Argentine Tango with Sean and Yanira

Learn the dance style with the power to transport you to the opulence of Paris and the smoky darkness of a Buenos Aires café. This husband and wife dancing team will provide step-by-step instruction and dance techniques in Argentine Tango. No experience or partners are necessary.

Session 1: January 11-February 15

Location: Dance/Aerobic Studio

Days: Wednesday

Time: 7:00-8:00 p.m.

Fee: Members are \$60/

Non-members are \$72

Instructors: Sean and Yanira Collado

Adult Programs (Continued)

Afro-Cuban Dance

Give your workout some Latin flavor. From its basic steps and rhythm to more complex moves, this dynamic dance style is guaranteed to provide results!

Session 1: January 11-February 15

Location: Dance/Aerobic Studio

Days: Wednesday

Time: 7:00-8:00 p.m.

Fee: Members are \$60/

Non-members are \$72

Instructor: Irmah del Valle

Flamenco

Join renowned dancer and graduate of The Royal Conservatory of Madrid, Carmen Rubio, and take advantage of this unique opportunity to learn classic sevillanas and flamenco without leaving the Island. It's a great form of exercise too!

Location: Dance/Aerobic Studio

Days: Wednesday

Time: 8:00-9:00 p.m.

Fee: Members are \$72/

Non-members are \$90

Instructor: Carmen Rubio

Osher Lifelong Learning Institute of the University of Miami

For those with a passion for learning, the winter/spring schedule offered by Osher at the Community Center is sure to please and enlighten. See below for more information. A detailed schedule of classes will be available as of December 15 at the Center's front desk.

Great Battles

From ancient to modern times view the unfolding of history through a series of epic and historically significant battles. Accompany the Spartans at Thermopylae, trek across the vast Persian Empire with Alexander the Great at Gaugamela (circa 335 BC). See the awesome advance of German tank forces through Russia in 1941 during Operation Barbarossa and domination of Europe. Other battles covered will be The Naval battle at Trafalgar (Napoleonic wars), The Battle of Gettysburg (U.S. Civil war) and the TET Offensive (Vietnam war).

Fee: Members are \$80/Non-members are \$100/UM affiliates are \$50

Instructor: Octavio Ramos

Great American Songbook

Joe Donato presents an entertaining overview of some of the important songs that comprise the Great American Songbook. Historical, musical and esthetic explication of the selected masterworks of American Music. And yes, there will be singing. Donato is one of Miami's most talented jazz musicians.

Fee: Members are \$80/Non-members are \$100/UM affiliates are \$50

Instructor: Joe Donato

Current Events and Your World

What's in the news? Who's in the news? How does it affect the U.S. and the world? Using current international events and the world of newspapers—not just *The Miami Herald* or *The New York Times*—join in on a discussion of the latest headlines from around the world.

Fee: Members are \$80/Non-members are \$100/UM affiliates are \$50

Instructor: Jennifer L. Gerz-Escandon, Ph.D

Special Interests

Spanish for Beginners

Learn to tell time, make simple requests, register at a hotel and conduct a basic conversation. Acquire vocabulary for work, home and social purposes.

Session 1: January 9-February 22

(no class on January 16 and February 20)

Session 2: March 6-April 12

Location: Island Room

Days: Monday and Wednesday

Time: 10:00 a.m.-12:00 noon

Fee: Members are \$90/Non-members are \$110

Instructor: Cristina Medina

Conversational Spanish

These semi-private classes will provide students with communication skills in Spanish by offering opportunities to practice their vocabulary. Students must possess basic grammar, reading and writing skills in Spanish to take the class. There is a maximum of five students per session.

Session 1: January 10-February 16

Session 2: February 28-April 6

Location: Island Room

Days: Tuesday or Thursday

Time: 10:00 a.m.-12:00 noon

Fee: Members are \$90/

Non-members are \$110

Instructor: Cristina Medina

Conversational English for Beginners

Classes will provide students with communications skills in English by offering opportunities to practice their vocabulary. Students must possess basic reading and writing skills in English in order to take the class.

Session 1: January 9-February 22

(no classes on January 16 and February 20)

Session 2: March 6-April 12

Location: Adult Lounge

Days: Monday and Wednesday

Time: 10:00-11:30 a.m.

Fee: Members are \$120/

Non-members are \$135

Instructor: Lourdes Suarez D'Ottone

Workshops and Seminars

Experiential Series

This series of workshops will introduce you to different holistic approaches designed to bring balance back into your life, allowing time for contemplation, reducing stress and anxiety and uniting body, mind and spirit. Wear comfortable clothing.

Location: Island Room

Days: Second Thursday of the month

Time: 7:00 p.m.

January 12: Goddess Night

Enjoy an evening reconnecting with your inner power and strength through chanting, guided meditation, energetic healing, balancing and much more.

Fee: \$20

Instructor: Jennifer Ryan

February 9: Body Talk

BodyTalk is an astonishingly simple and effective form of therapy that allows the body's energy systems to be re-synchronized so that they can operate as nature intended. This session is for any person who is sincerely interested in the concepts of total health care and has a respect for the power of the potential of human body-mind.

Instructor: Janet Parker

Fee: \$20

March 9: Aromatherapy Meditation

Join us as we connect with our chosen intent by using the Twelve Sacred Egyptian Oils. These oils are placed on different parts of the body, such as on the neck, the crown or one of the energy centers. Once all the oils have been anointed, you will experience a guided meditation to further facilitate this process of letting go. Refreshments will be served to ground us before leaving.

Instructor: Lauralyn Bunn

Fee: \$25

April 20: Chakras

This workshop will provide you with an understanding of the chakras, or energy centers, thus allowing you to understand the relationship between your consciousness and your body. As well as giving you a better understanding of yourself and those around you.

Instructor: Jennifer Ryan

Fee: \$15

The Awareness-Meditation Series with Dr. Vitor F. Weinman

Get in the driver's seat of your life by learning how to consciously direct yourself from the inside-out. Weaving meditative practices with daily life experiences results in decreased reactivity and increased creativity in our inner environment. A more peaceful, harmonious and fulfilling outer environment (family, relationships, jobs, community) gradually follows. When we don't go within, we go without!

Classes resume January 5

Location: Island Room

Days: Thursday

Time: 7:30 p.m.

Instructor: Dr. Vitor F. Weinman

Fee: Free

Opera Profiles-Florida Grand Opera Preview

Join us the third Wednesday of each month as renowned author and lecturer Burton D. Fisher shares his knowledge and his passion for opera with Key Biscayne residents. Wine and cheese will be served. An Opera Classics Library Series Book is included with the admission fee. Advanced reservations are suggested.

Location: Island Room

Days: Wednesday

Time: 7:00 p.m.

Fee: Members are \$15/Non-members are \$20

January 18: Turandot

February 15: The Barber of Seville

March 15: Rigoletto

April 19: Carmen

AARP Driver Safety Program

Take this eight-hour classroom refresher course specially designed for drivers age 55 and over. Take this class and you also can qualify for auto insurance discounts. Participants must attend both sessions.

Tuesday, March 14 and Thursday, March 16

Time: 9:30 a.m.-1:00 p.m.

Island Room

Fee: \$10

"THE BEST PART OF THE COMMUNITY CENTER IS THE DIVERSITY OF PROGRAMS OFFERED, NOT ONLY FOR KIDS BUT FOR ADULTS OF ALL AGES."

MARINO LOPEZ-BLANCO, KEY BISCAIYNE RESIDENT

Adult Programs (Continued)

Monthly Programs

Movies at the Village

Join us for a free viewing of recently released films on the second and fourth Thursday of each month.

January 12: *Cinderella Man*

January 26: *Heights*

February 9: TBA

February 23: TBA

March 9: TBA

March 23: TBA

April 13 : TBA

April 27: TBA

Location: Island Room

Time: 1:00 p.m.

Social Security Comes to the Village

A bilingual representative from the Social Security Administration will be available to assist you with all of your Social Security and Medicare issues on the last Wednesday of the month. No appointment necessary.

Wednesday, January 25

Wednesday, February 22

Wednesday, March

Wednesday, April 26

Location: Key Biscayne Room

Time: 9:30 a.m.-12:00 noon

Speaker Luncheon

Join us for lunch and a very informative presentation on the third Thursday of each month.

Thursday, January 19

Thursday, February 16

Thursday, March 16

Thursday, April 20

Location: Island Room

Time: 12:00 noon

Key Biscayne Domino Club

Join your friends and neighbors every Wednesday for a friendly game of dominos...y una tacita de café.

Days: Wednesday

Time: 4:00-6:00 p.m.

Location: Adult Lounge

Key Biscayne Chess Club

Join your friends and neighbors every Tuesday for a friendly game of chess.

Days: Tuesday

Time: 4:00-6:00 p.m.

Location: Adult Lounge

Afternoon of Games

Join your friends and neighbors every Monday for an afternoon filled with fun games and even a little friendly competition.

Location: Adult Lounge

Days: Monday

Time: 1:00-4:00 p.m.

Special Events

Miami-Dade Transit-Golden Passport

Residents of Miami-Dade County who are 65 and over can come and obtain a Golden Passport that provides seniors access to all buses, Metromover and Metrorail as well as free parking at all Metrorail stations. As an added bonus, come pick up the Golden Passport Discount Booklet, which entitles Golden Passport users to great discounts at over 40 merchants. Just present the reusable coupons along with your Golden Passport at participating locations. Please provide proof of age.

Monday, January 23

Location: Key Biscayne Room

Time: 10:00 a.m.-1:00 p.m.

Fee: Free

Evening with an Author: Kathie Klarreich

Join local resident and writer, Kathie Klarreich, as she presents her new book *Madame Dread: A Tale of Love, Vodou, and Civil Strife in Haiti*. Don't miss this opportunity to hear about her recently published novel and obtain a signed copy of her book. A wine and cheese reception will follow.

Thursday, January 12

Location: Adult Lounge

Time: 7:00 p.m.

Fee: Free

Evening with an Author: Diane Goodman

Meet Miami Beach resident writer and University of Miami professor Diane Goodman as she shares with Key Biscayne resident her just published book of short stories *The Plated Heart*. Don't miss this incredible evening. A wine and cheese reception will follow.

Thursday, March 16

Location: Adult Lounge

Time: 7:00 p.m.

Fee: Free

Valentine's Happy Hour

Celebrate with your friends, neighbors and sweethearts at the Key Biscayne Community Center. There will be food, fun, music and much more!

Location: Island Room

Thursday, February 9

Time: 5:00-7:00 p.m.

Fee: Free

**"THE WHOLE FAMILY REALLY ENJOYS THE
COMMUNITY CENTER--THE KIDS LOVE TO PLAY
THERE, THE SPINNING IS GREAT, THE GYM IS
FANTASTIC AND THE NEW ZOOM IS AWESOME."**

ROSELLA MADERA, 37, KEY BISCAYNE RESIDENT

Trips and Tours

Norton Museum of Art

French Impressionism and Boston:

Masterworks from the Museum of Fine Arts

This exceptional exhibition is one of the most important presentations of Impressionism ever mounted in the State of Florida. *French Impressionism and Boston* consists of 53 paintings including 12 Monets and masterpieces by Degas, Corot, Manet, Renoir and John Singer Sargent. Price includes docent-led and audio tour and access to the museum's permanent collection.

Friday, January 6

Time: Bus departs at 9:30 a.m.

Fee: \$20

Flamingo Gardens (rescheduled)

See a touch of history on 60 acres of lush gardens, showcasing rare, exotic and native plants. Tour the citrus groves and the Wray Botanical Collection. Explore the "Free-Flight" Aviary, Everglades Wildlife Sanctuary and historic Wray Home. Price includes admission, escorted visit, tour by tram, live wildlife encounter show and lunch.

Friday, January 13

Time: Bus departs at 9:30 a.m.

Fee: \$20

Tutankhamun and the Golden Age of the Pharaohs and The Fort Lauderdale Museum of Art

Be among the first to enjoy this incredible exhibit as it makes a stop at the Fort Lauderdale Museum of Art, one of only four stops in the United States. Tutankhamun and the Golden Age of the Pharaohs brings an extensive exhibition of more than 130 treasures from the tomb of the celebrated pharaoh, the only intact tomb of an ancient Egyptian pharaoh yet discovered, and other Valley of the Kings tombs, in addition to other ancient sites. Limited seats are available at an unbeatable group price.

Friday, January 20

Time: Bus departs at 10:30 a.m.

Fee: \$23.50 plus \$5 transportation

Schnebly's Windery

Join us as we visit the first winery in Miami-Dade County and the Southernmost Winery in the U.S., crafting the only tropical wines produced in the U.S. made with absolutely no grapes. Price includes transportation, tour and tasting. We will stop for lunch and other local attractions after the winery tour.

Friday, February 3

Time: Bus departs at 9:30 a.m.

Fee: \$15

Seminole Hard Rock Hotel and Casino

Seminole Paradise at the Seminole Hard Rock Hotel and Casino will be South Florida's hottest retail, restaurant and live entertainment district. Stroll along Mediterranean-style streets with lush landscaping, dramatic fountains and lighting—all set against magnificent 12-acre Lake Paradise and enjoy more than 20 restaurants and over 25 specialty retail shops and the region's top live performance venues. Receive a free players club card, discount vouchers for lunch... and much more.

Friday, February 10

Time: Bus departs at 9:30 a.m.

Fee: \$5

Chihuly at Fairchild Tropical Graden

Don't miss this blockbuster glass art exhibit by world-renowned Dale Chihuly. His translucent glass sculptures will be spread among 83 lush acres of gardens making the visitor wonder if what they're looking at is glass or nature. Price includes admission to the gardens, guided tram tour and transportation.

Friday, March 10

Bus departs at 10:00 a.m.

Fee: \$20

New World Symphony: The Gypsy Violin

Two renowned artists—conductor Lawrence Foster and violinist Robert McDuffie—give us a glimpse into the passionate world of Hungarian music. Miklós Rózsa, best known for his prolific work as a composer of scores for films such as *Ben Hur* and *Ivanhoe*, gives Robert McDuffie a chance to soar with his lushly romantic Hungarian-inspired violin concerto, and Bartók's Hungarian heritage is unmistakable in his impressionistic Music for Strings, Percussion and Celeste.

Friday, March 3

Time: Bus departs at 7:00 p.m.

Fee: TBA

Bass Museum

I Wanna Be Loved By You: Photos of Marilyn Monroe

This exhibition is comprised of over 200 photographs that document Marilyn Monroe's life from the 1940's through the year of her death in 1962. Works by more than 30 celebrated photographers will be featured, including Eve Arnold, Richard Avedon, Cecil Beaton, Bruno Bernard, Philippe Halsman and Bert Stern. This exhibition offers an intimate view into the charmed and tragic life of an American icon. After the museum, you can enjoy lunch and a stroll along Lincoln Road.

Friday, February 17

Time: Bus departs at 10:00 a.m.

Fee: \$10

Adult Programs (Continued)

Trips and Tours (Continued)

Stranahan House

A guided tour of Fort Lauderdale's historic Stranahan House is like a magical journey through time. Experience a link to the time when the Seminole Indians made friends with a young Ohioan who came to the frontier settlement now known as Fort Lauderdale. Restored to its 1913 configuration, it's a "must see" in South Florida. Then we'll have lunch and spend the rest of the afternoon at Las Olas.

Friday, March 17

Time: Bus departs at 10:00 a.m.

Fee: \$9

Cauley Square

Cauley Square Historic Village is a nostalgic village that offers a Glimpse of Old South Florida at its best. Spend the day or a lazy afternoon shopping and casually strolling through the shaded garden paths. You will be delighted with the quaint cottages restored into a labyrinth of antique and specialty shops, featuring the most unique items to delight the discerning shopper.

Friday, March 25

Bus departs at 10:00 a.m.

Fee: \$5

City Place in West Palm Beach

Join us as we head out to City Place in West Palm Beach. Architecturally unique for southern Florida, this popular shopping center resembles a European town and includes more than 50 well-known retail stores, plus restaurants.

Friday April 7

Time: Bus departs at 9:30 a.m.

Fee: \$ 5

Chicago at The Broward Center for Performing Arts

Come on babe, experience it live and in person! *Chicago* is Broadway's most popular musical, and now you can see it live!

Thursday, April 20

Time: Bus departs at 6:00 p.m.

Fee: TBA

2005-2006 Season at the Coconut Grove Playhouse

I Am My Own Wife

I Am My Own Wife is Doug Wright's fascinating, and true, story of Charlotte von Mahlsdorf, an openly-gay German transvestite who survived the tumultuous ministrations of Hitler's Gestapo to emerge a cultural icon and hero. Told through the voices of 35 characters (all portrayed by the same actor), Charlotte unleashes tales of genocide and prison camps that lead to an astonishing twist: Is Charlotte's 'true life' so true after all?

Thursday, January 26

Time: 7:00 p.m.

Fee: \$25 plus \$5 transportation

Dixie Carter and Hal Holbrook in Southern Comforts

Dixie Carter starts as long-time widow Amanda Cross, who visits a small northern New Jersey town and has her peaceful life turned upside down. Then she meets Gus Klingman (Hal Holbrook), a cantankerous widower. Beautiful and deliciously southern, Amanda peels away the rough layers of Gus' unhappy heart to reveal the silenced passions of a man and a lover. Can love between opposites last?

Thursday, February 23

Time: 7:00 p.m.

Fee: \$25 plus \$5 transportation

Theodore Bikel in About Time

Faced with the reality of aging, a long-time married couple spends a humorous and sentimental day from breakfast to lunch to dinner to a late night snack, talking about everything under the sun. As the day goes by, the couple bickers over everything from meal preparations, their absent adult children and their ever-diminishing sex life, revealing in the process a love that is both complex and extraordinary. A refreshing comedy, Tom Cole's *About Time* is a true celebration of love.

Thursday, March 30

Time: 7:00 p.m.

Fee: \$25 plus \$5 transportation

Lucie Arnaz in Sonia Flew

Set between post-revolutionary Cuba and post-9/11 America, *Sonia Flew* explores the powerful tale of Sonia, a Cuban-American woman smuggled as a child out of Cuba and into the United States as part of Operation Pedro Pan.

Thursday, May 4

Time: 7:00 p.m.

Fee: \$25 plus \$5 transportation

Other Fun-filled Events on the Key

In addition to the long list of Community Center activities, the Department of Parks and Recreation offers plenty of fun-filled activities throughout the year for individuals of all ages. So mark your calendars, and don't miss out on the fun.

December 3, Winterfest Eve—Bring the entire family to Winterfest Eve to take place from 6:00 p.m. to 10:00 p.m. on the Village Green. There will be live music, delicious food and plenty of rides and games for the kids.

December 4, Winterfest—The Winterfest Committee, the Village of Key Biscayne and the Chamber of Commerce invite you to Winterfest 2005, the annual celebration of the Holiday season here on Key Biscayne. Festivities will take place from 4:00 p.m. to 7:30 p.m. on the Village Green. And don't miss Mayor Robert Oldakowski light the Christmas tree at 6:00 p.m. sharp.

December 10, Winterfest Boat Parade—The Key Biscayne Yacht Club will hold the 43rd Winterfest Boat Parade to be held at 5:30 p.m. at the Cape Florida State Park, located at 1200 South Crandon Boulevard, Key Biscayne.

Valentine's Concert on the Green—Carlos Oliva y Los Sobrinos del Juez will perform in our Valentine's Concert on February 10 from 6:00 p.m. to 10:00 p.m. Bring your sweetheart and/or the entire family to enjoy this relaxing evening on the Village Green. Local restaurants will be serving food and refreshments. There will be rides and games for everyone. For more information, call 305-365-8900.

Spring Egg Hunt—The Annual Village Egg Hunt is the spring event you have all been waiting for. Join us on the Village Green on April 8 for this fun frenzy for prize-filled eggs. The hunt will begin at 9:30 a.m. sharp, and don't forget your basket for collecting eggs. The Easter Bunny will also make an appearance and will be available for photos. For additional details, call 305-365-8900.

Library

Family Storytime and Much More. The Key Biscayne Library Branch, located at 299 Crandon Boulevard, provides many fun and educational programs, including Saturday morning family storytime. For more information on programming or for a calendar of events, please call 305-361-6134.

Nature Center

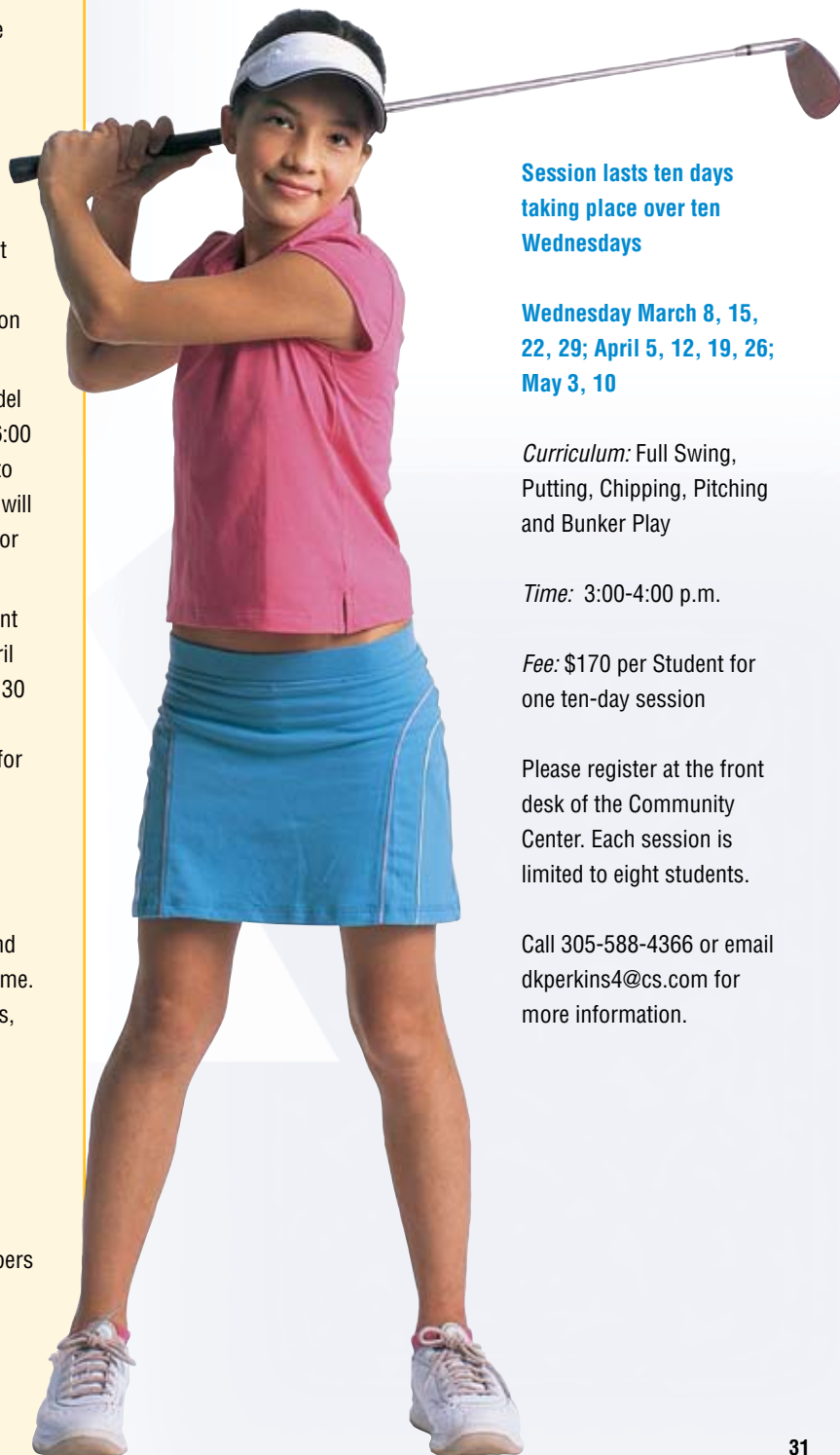
The Marjory Stoneman Douglas Biscayne Nature Center, located at 6767 Crandon Boulevard, is an opportunity for kids and adults to get "wet and wild" in the South Florida ecosystem. Lifeguard-certified marine biologists periodically lead small groups of campers as they learn about marine science through hands-on activities and field experiences. For more information on camps and other programming, call 305-361-6767.

Kevin Perkins Golf Academy

After School Junior Golf Program at Crandon Golf-Key Biscayne

Open to boys and girls ages 7-17

Kevin Perkins Golf Academy, in conjunction with the Village of Key Biscayne, presents the 2006 After School Junior Golf Program at Crandon Golf-Key Biscayne with PGA Master Professional Kevin Perkins.



Session lasts ten days taking place over ten Wednesdays

Wednesday March 8, 15, 22, 29; April 5, 12, 19, 26; May 3, 10

Curriculum: Full Swing, Putting, Chipping, Pitching and Bunker Play

Time: 3:00-4:00 p.m.

Fee: \$170 per Student for one ten-day session

Please register at the front desk of the Community Center. Each session is limited to eight students.

Call 305-588-4366 or email dkperkins4@cs.com for more information.

ACTIVE WINTER 2005 *islander*



VILLAGE OF KEY BISCAINE COMMUNITY CENTER



Meet the Staff

Impressed with the extensive line up of adult programs at the Community Center? Roxy Lohuis-Tejeda, the adult programs supervisor, is the one responsible for keeping the mix of classes, programs and activities at the Center both fun and exciting. To read more about Lohuis-Tejeda, turn to page 3.

Spotlight: Zoom

That's right! Zoom, the popular Coconut Grove eatery, has opened in the Community Center lobby—and not a moment too soon. Come try Zoom's mouth-watering smoothies, fresh juices, salads, sandwiches and more. For more info, turn to page 4.



Ready to Register?

Interested in becoming a member of the Community Center or renewing your existing membership? Registration is easy. Just turn to page 5 to learn how.

**REFER
A FRIEND AND
WIN**

Camp is Cool

And you thought camp was only during the summer months. Think again! The Community Center offers a Winter and Spring Camp for kids on break from school. For details, turn to page 9.

Fun-Filled Events

The holidays are here and what better way to celebrate than to join us for Winterfest in December. Then as spring approaches, love is in the air with our Valentine's Concert on the Green. And in April, the Spring Egg Hunt is sure to be a hit with the young ones. Turn to page 31 for details.



**Village of Key Biscayne
Parks and Recreation Department**
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

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